



U.S. GOLD GYMNASTICS ACADEMY
Miramar Beach Recreational Gym
 12432 Emerald Coast Parkway, Miramar Beach
 (850) 654-3124
usgolddestin@earthlink.net

SUMMER SCHEDULE 2022

| | Mon | Tues | Wed | Thurs | Fri |
|---|--|-------------------------|-------------------------|--------------|--|
| PARENT & TOT - 50 minute class Coed walking to age 3.5 | 9:30, 10:45 3:00, 4:15, 5:30 | 3:00 4:15, 5:30 | | | KIDS' DAY OUT 9:30-11:30 a.m. every Friday morning! Ages 4 and under \$10 cash only |
| PRESCHOOL Coed ages 3.5-4.5 | 9:30, 10:45 3:00, 4:15, 5:30 | 3:00 4:15, 5:30 | | | |
| PRE-KINDERGARTEN Coed ages 4-5 (VPK age) | 9:30, 10:45 3:00, 4:15, 5:30 | 3:00 4:15, 5:30 | | | |
| RED SQUAD Girls beginner grades Kindergarten-2nd | 9:30, 10:45 3:00, 4:15, 5:30 | 3:00 4:15, 5:30 | | | |
| BLUE SQUAD Girls intermediate grades Kindergarten-2nd | 9:30, 10:45 3:00, 4:15, 5:30 | 3:00 4:15, 5:30 | | | |
| SILVER SQUAD Girls beginner 3rd grade+ | 9:30, 10:45 3:00, 4:15, 5:30 | 3:00 4:15, 5:30 | | | |
| GOLD SQUAD Girls intermediate 3rd grade+ | 9:30, 10:45 3:00, 4:15, 5:30 | 3:00 4:15, 5:30 | | | |
| COED NINJA WARRIOR CLASS COED Kindergarten-4th grade | 9:30, 10:45 3:00, 4:15, 5:30 | 3:00 4:15, 5:30 | | | |
| TUMBLING 1 Coed beg-int grades Kindergarten-2nd | 9:30, 10:45 3:00, 4:15, 5:30 | 3:00 4:15, 5:30 | | | |
| TUMBLING 2 Coed beg 3rd grade+ | 9:30, 10:45 3:00, 4:15, 5:30 | 3:00 4:15, 5:30 | | | |
| TUMBLING 3 Coed intermediate 2nd grade+, must have KO | | 6:45-8:15 (Team Gym) | | | KIDS' NIGHT OUT 6:30-9:30 p.m every Friday night! Ages 4-10 \$20 cash only |
| TUMBLING 4/POWER TUMBLING Coed 3rd grade+, must have BHS & RO BHS | | 6:45-8:15 (Team Gym) | | | |
| PLATINUM/DIAMOND Girls advanced 2nd grade+ (invite only) | | | 4:00-5:30 (Team Gym) | | |
| PRE-TEAM Girls excelled VPK - 2nd grade (invite only) | | | 4:00-5:30 (Team Gym) | | |
| **NO MONDAY CLASS 7/4/22** SESSION 2 WILL BE PRORATED FOR MONDAY CLASSES | | | | | |
| WEEKLY COED SUMMER SPORTS CAMP (gymnastics, ninja, tumbling - 4 yrs. to 10 yrs.) | | 9:30-1:00 | 9:30-1:00 | 9:30-1:00 | |
| Camp is 3 days - Tuesday through Thursday \$150.00 1st child, \$130.00 additional siblings | | | | | |
| Price is per week for this camp | | | | | |
| OPEN GYM (no reg. req.) \$20 cash only Coed 6th grade - adults, non-instructional | 6:45-8:15 6/13 & 7/11 only (Team Gym) | | | | |

*The Team Gym is located at 143 Business Centre Drive, Miramar Beach, FL