



U.S. GOLD GYMNASTICS ACADEMY

SANTA ROSA BEACH Gym

30 WRM Circle, Santa Rosa Beach

All class registrations are done online at
usgoldgymnastics.com

(Santa Rosa Beach Schedule/Pricing)

2020-2021 SCHOOL YEAR

	Mon	Tues	Wed	Thurs	Fri	Sat
PARENT & TOT Coed walking to age 3.5	3:10 4:20, 5:30	10:00, 2:00, 3:10 4:20, 5:30			KIDS' DAY OUT 9:30-11:30 a.m. Every Friday morning! Ages 4 and under \$10 cash only	9:30
PRESCHOOL Coed ages 3.5-4.5	10:00, 3:10 4:20, 5:30	10:00, 2:00, 3:10 4:20, 5:30				9:30
VPK/PRE-KINDERGARTEN Coed ages 4-5 (Must be 4 by 09/01/20)	10:00, 3:10 4:20, 5:30	10:00, 2:00, 3:10 4:20, 5:30				9:30
SHOOTING STARS PRE-TEAM Girls advanced VPK & K (invite only)			3:30-5:00			
SUPERSTARS PRE-TEAM Girls advanced 1st & 2nd grade (invite only)			3:30-5:00			
RED SQUAD Girls beginner grades Kindergarten-2nd		2:00, 3:10 4:20, 5:30		3:10 4:20, 5:30		
BLUE SQUAD Girls intermediate grades Kindergarten-2nd		2:00, 3:10 4:20, 5:30		3:10 4:20, 5:30		
SILVER SQUAD Girls beginner 3rd grade+		2:00, 3:10 4:20, 5:30		3:10 4:20, 5:30		
GOLD SQUAD Girls intermediate 3rd grade+		2:00, 3:10 4:20, 5:30		3:10 4:20, 5:30		
PLATINUM/DIAMOND SQUAD Girls advanced 3rd grade + (invite only)			5:30-7:00			
COED NINJA WARRIOR CLASS Coed Kindergarten-4th grade		2:00, 3:10 4:20, 5:30		3:10 4:20, 5:30	KIDS' NIGHT OUT 6:00-9:00 p.m. Every Friday night! Ages 4-10. \$20 cash only	9:30
TUMBLING 1 Coed beg-int grades Kindergarten-2nd	3:10 4:20, 5:30			3:10 4:20, 5:30		
TUMBLING 2 Coed beg 3rd grade+	3:10 4:20, 5:30			3:10 4:20, 5:30		
TUMBLING 3 Coed intermed. 3rd grade+, must have KO	3:10 4:20, 5:30			3:10 4:20, 5:30		
POWER CHEER TUMBLING Coed 3rd grade+, must have BHS & RO BHS	6:45-8:15					