



U.S. GOLD GYMNASTICS ACADEMY

DESTIN Recreational Gym
 12432 Emerald Coast Pkwy., Miramar Beach, FL
 All class registrations are now done online at
usgoldgymnastics.com
 (Destin Schedule/Pricing)

2020-2021 SCHOOL YEAR

	Mon	Tues	Wed	Thurs	Fri	Sat
PARENT & TOT Coed walking to age 3.5	10:00, 3:15 4:30, 5:45	10:00, 2:00, 3:15 4:30, 5:45		2:00, 3:15 4:30, 5:45	KIDS' DAY OUT 9:30-11:30 a.m. Every Friday morning! Ages 4 and under \$10 cash only SANTA ROSA BEACH GYM ONLY UNTIL FURTHER NOTICE	9:00
PRESCHOOL Coed ages 3.5-4.5	10:00, 3:15 4:30, 5:45	10:00, 2:00, 3:15 4:30, 5:45		2:00, 3:15 4:30, 5:45		9:00
VPK/PRE-KINDERGARTEN Coed ages 4-5 (must be 4 by 09/01/20)	10:00, 3:15 4:30, 5:45	10:00, 2:00, 3:15 4:30, 5:45		2:00, 3:15 4:30, 5:45		9:00
SHOOTING STARS PRE-TEAM Girls advanced VPK & K (invite only)			4:00-5:30			
SUPERSTARS PRE-TEAM Girls advanced 1st & 2nd grade (invite only)			4:00-5:30			
RED SQUAD Girls beginner grades Kindergarten-2nd	3:15, 4:30 5:45	2:00, 3:15 4:30, 5:45				9:00
BLUE SQUAD Girls intermediate grades Kindergarten-2nd	3:15, 4:30 5:45	2:00, 3:15 4:30, 5:45				9:00
SILVER SQUAD Girls beginner 3rd grade+	3:15, 4:30 5:45	2:00, 3:15 4:30, 5:45				9:00
GOLD SQUAD Girls intermediate 3rd grade+	3:15, 4:30 5:45	2:00, 3:15 4:30, 5:45				9:00
PLATINUM SQUAD Girls advanced 3rd grade+ (invite only)			5:45-7:15			
DIAMOND SQUAD Girls excelled 3rd grade + (invite only)			5:45-7:15			
COED NINJA WARRIOR CLASS Coed Kindergarten-4th grade	3:15, 4:30 5:45	2:00, 3:15 4:30, 5:45			9:00	
TUMBLING 1 Coed beg-int grades Kindergarten-2nd				2:00, 3:15 4:30, 5:45	KIDS' NIGHT OUT 6:30 - 9:30 p.m. Every Friday night! Ages 4-10. \$20 cash only DESTIN GYM ONLY UNTIL FURTHER NOTICE	
TUMBLING 2 Coed beg 3rd grade+	7:00			2:00, 3:15 4:30, 5:45		
TUMBLING 3 Coed intermed. 3rd grade+, must have KO	7:00			2:00, 3:15 4:30, 5:45		
T4/POWER/CHEER TUMBLING Coed 3rd grade+, must have BHS & RO BHS		7:00-8:30 (*see below)				

*This class is held at the competition gym across the street at 143 Business Center Drive, Miramar Beach

updated
8/10/2020