



U.S. GOLD GYMNASTICS ACADEMY

SOUTH WALTON Recreational Gym
30 WRM Circle, Santa Rosa Beach

All class registrations are now done online at usgoldgymnastics.com through the parent portal.

2019-2020 SCHOOL YEAR

	Mon	Tues	Wed	Thurs	Fri	Sat	
PARENT & TOT - 50 minute class Coed walking to age 3.5	10:00, 3:10 4:20	3:10, 4:20 5:30		4:20	KIDS' DAY OUT 9:30-11:30 a.m. Every Friday morning! Ages 4 and under \$5 current students. \$10 non-members. Cash Only.	9:15	
PRESCHOOL Coed ages 3.5-4.5	10:00, 3:10 4:20, 5:30	3:10, 4:20 5:30		3:10, 4:20 5:30		9:15	
VPK/PRE-KINDERGARTEN Coed ages 4-5 (Must be 4 by 09/01/19)	10:00, 3:10 4:20, 5:30	3:10, 4:20 5:30		3:10, 4:20 5:30		9:15	
RED SQUAD Girls beginner grades Kindergarten-2nd	3:10, 4:20 5:30	3:10, 4:20 5:30	3:10 4:20			9:15	
BLUE SQUAD Girls intermediate grades Kindergarten-2nd		3:10, 4:20 5:30	4:20				
SILVER SQUAD Girls beginner 3rd grade+	3:10, 4:20	3:10 5:30	3:10			9:15	
GOLD SQUAD Girls intermediate 3rd grade+		4:20, 5:30	4:20			FRIDAY FUNDAY CLINIC 4:30-6:00 (rotating Fridays)	
BRONZE SQUAD Girls advanced 2nd grade+ (invite only)	5:30						
BOYS NINJA WARRIOR CLASS Boys Kindergarten-4th grade	3:10, 4:20 5:30		3:10	3:10, 4:20 5:30		KIDS' NIGHT OUT 6:30-10:00 p.m. Every Friday night! Ages 4-10. \$20 current students. \$25 non-members. \$5 discount for siblings attending on the same evening. Cash Only.	9:15
TUMBLING 1 Coed beg-int grades Kindergarten-2nd			3:10 4:20	3:10 5:30			
TUMBLING 2 Coed beg 3rd grade+	6:45		3:10 4:20	3:10, 4:20 5:30, 6:45			
TUMBLING 3 Coed intermed. 3rd grade+, must have KO	6:45			4:20 6:45			

All classes are one hour unless otherwise shown.

updated
1/6/2020