



**U.S. GOLD GYMNASTICS ACADEMY**  
**Crestview Recreational Gym**

All class registrations are now done online at [usgoldgymnastics.com](http://usgoldgymnastics.com) through the parent portal.

**2018-2019 SCHOOL YEAR**

	Mon	Tues	Wed	Thurs	Fri
<b>PARENT &amp; TOT - 45 minute class</b> Coed walking to age 3.5	4:30	5:45	10:00		<b>KIDS' DAY OUT</b> <b>9:30-11:30 a.m.</b> <b>Every Friday morning!</b> <b>Ages 4 and under</b> <b>\$5 current students.</b> <b>\$10 non-members.</b> <b>Cash Only.</b>
<b>PRESCHOOL</b> Coed ages 3.5-4.5	4:30 5:45	4:30 5:45	10:00		
<b>VPK/PRE-KINDERGARTEN</b> Coed ages 4-5 (Must be 4 by 09/01/18)	4:30 5:45	4:30 5:45	10:00		
<b>RISING STARS</b> Girls advanced ages 3.5-5 (Invite only)			4:30		
<b>SHOOTING STARS PRE-TEAM</b> Girls advanced VPK & K (invite only)				5:30-7:00*	
<b>RED SQUAD</b> Girls beginner grades Kindergarten-2nd	4:30 5:45	4:30 5:45	4:30 5:30	4:15	
<b>BLUE SQUAD</b> Girls intermediate grades Kindergarten-2nd	5:45 6:45	4:30	4:30 5:30		
<b>SILVER SQUAD</b> Girls beginner 3rd grade+	4:30	5:45	4:30 5:30	4:15 6:45	
<b>GOLD SQUAD</b> Girls intermediate 3rd grade+	5:45	4:30 6:45	5:30		
<b>PLATINUM SQUAD</b> Girls advanced 1st grade+			6:45-8:15* 3rd grade+	5:30-7:00* K-2nd grade	
<b>DIAMOND SQUAD</b> Girls excelled 1st grade + (Invite only)			6:45-8:15*		
<b>REC COMPETITION PRE-TEAM</b> Girls advanced 1st grade+ (Invite only)				6:45-8:15* Level 3+	4:30-6:00* Level 2 & 3 only
<b>BOYS NINJA WARRIOR CLASS</b> Boys Kindergarten-4th grade	4:30 5:45	4:30 5:45			<b>KIDS' NIGHT OUT</b> <b>6:30-10:00 p.m.</b> <b>Every Friday night!</b> <b>Ages 4-10.</b> <b>\$15 current students.</b> <b>\$20 non-members.</b> <b>Cash Only.</b>
<b>TUMBLING 1</b> Coed beg-int grades Kindergarten-2nd			4:30 5:30	4:15	
<b>TUMBLING 2</b> Coed beg 3rd grade+	7:00		4:30 5:30	4:15	
<b>TUMBLING 3</b> Coed intermediate 3rd grade+, must have KO	7:00	6:45			
<b>T4/POWER/CHEER TUMBLING</b>					

Coed 3rd grade+, must have BHS & RO BHS		6:45-8:15*			
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**All classes are one hour unless otherwise shown.**