



U.S. GOLD GYMNASTICS ACADEMY

Destin Recreational Gym

All class registrations are now done online at usgoldgymnastics.com through the parent portal.

2018-2019 SCHOOL YEAR

	Mon	Tues	Wed	Thurs	Fri	Sat	
PARENT & TOT - 50 minute class Coed walking to age 3.5	10:00 5:30	10:00 4:15, 5:30	5:30		KIDS' DAY OUT 9:30-11:30 a.m. Every Friday morning! Ages 4 and under \$5 current students. \$10 non-members. Cash Only.	9:30	
PRESCHOOL Coed ages 3.5-4.5	10:00, 3:15 4:15, 5:30	10:00, 3:15 4:15, 5:30	3:15 4:15, 5:30			9:30	
VPK/PRE-KINDERGARTEN Coed ages 4-5 (Must be 4 by 09/01/18)	10:00, 3:15 4:15, 5:30	10:00, 3:15 4:15, 5:30	3:15 4:15, 5:30			9:30	
RISING STARS Girls advanced ages 3.5-5 (Invite only)	3:15	10:00	4:15				
SHOOTING STARS PRE-TEAM Girls advanced VPK & K (invite only)				4:00-5:30			
RED SQUAD Girls beginner grades Kindergarten-2nd	3:15, 4:15 5:30	3:15, 4:15 5:30	3:15, 4:15 5:30				9:30 10:45
BLUE SQUAD Girls intermediate grades Kindergarten-2nd	4:15	3:15, 4:15 5:30	3:15 4:15				10:45
SILVER SQUAD Girls beginner 3rd grade+	5:30	4:15	3:15, 4:15 5:30				10:45
GOLD SQUAD Girls intermediate 3rd grade+	4:15	5:30	5:30				10:45
PLATINUM SQUAD Girls advanced 1st grade+			6:45-8:15 3rd grade+	5:45-7:15 1st & 2nd			
DIAMOND SQUAD Girls excelled 1st grade + (Invite only)			6:45-8:15				
REC COMPETITION PRE-TEAM Girls advanced 1st grade+ (Invite only)					4:30-6:00		
BOYS NINJA WARRIOR CLASS Boys Kindergarten-4th grade	3:15, 4:15 5:30	3:15, 4:15 5:30			KIDS' NIGHT OUT 6:30-10:00 p.m. Every Friday night! Ages 4-10. \$20 current students. \$25 non-members. \$5 discount for siblings attending on the same evening. Cash Only.	10:45	
TUMBLING 1 Coed beg-int grades Kindergarten-2nd				3:15, 4:15 5:30			
TUMBLING 2 Coed beg 3rd grade+	6:45			3:15, 4:15 5:30, 6:45			
TUMBLING 3 Coed intermediate 3rd grade+, must have KO	6:45			5:30 6:45			
T4/POWER/CHEER TUMBLING		6:45-8:15					

