



U.S. GOLD GYMNASTICS ACADEMY

Destin Recreational Gym

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SUMMER SCHEDULE 2018

	Mon	Tues	Wed	Fri
PARENT & TOT - 50 minute class Coed walking to age 3.5	5:30	9:30, 3:00 4:15, 5:30	9:30	KIDS' DAY OUT 9:30-11:30 a.m. Every Friday morning! Ages 4 and under \$5 current students \$10 non-members Cash Only
PRESCHOOL Coed ages 3.5-4.5	5:30	9:30, 10:45 3:00, 4:15, 5:30	9:30 10:45	
PRE-KINDERGARTEN Coed ages 4-5 (VPK age)	5:30	9:30, 10:45 3:00, 4:15, 5:30	9:30 10:45	
RISING STARS Girls advanced ages 3.5-5 (invite only)		10:45 5:30	9:30	
SHOOTING STARS PRE-TEAM Girls advanced VPK & K (invite only)			4:00-5:30	
RED SQUAD Girls beginner grades Kindergarten-2nd	5:30	9:30 3:00, 4:15	10:45	
BLUE SQUAD Girls intermediate grades Kindergarten-2nd		10:45, 3:00 4:15, 5:30	9:30	
SILVER SQUAD Girls beginner 3rd grade+	5:30	9:30, 10:45 3:00, 4:15		
GOLD SQUAD Girls intermediate 3rd grade+		5:30	9:30	
PLATINUM SQUAD Girls advanced grades Kindergarten+	6:45-8:15 3rd grade+		4:00-5:30 K-2nd	
DIAMOND SQUAD Girls excelled 1st grade +	6:45-8:15			KIDS' NIGHT OUT 6:30-10:00 p.m. Every Friday night! Ages 4-10. \$15 current students \$20 non-members Cash Only
BOYS NINJA WARRIOR CLASS Boys Kindergarten-4th grade	5:30	9:30, 10:45 3:00, 4:15, 5:30	9:30	
TUMBLING 1 Coed beg-int grades Kindergarten-2nd			10:45 3:00, 5:30	
TUMBLING 2 Coed beg 3rd grade+			10:45 3:00, 5:30	
TUMBLING 3 Coed intermediate 3rd grade+, must have KO	6:45		3:00 5:30	
POWER CHEER TUMBLING Coed 3rd grade+, must have BHS & RO BHS		6:30-8:00		